

January 22, 2017

(v.2.4.1 – Cardio Training and DesiQner)

- DesiQner:
 - Tabata: ‘Rest Duration’ can now be set to the full duration of the Step (Work Duration is zero).
 - RPM can now be set for the Step.
- Cardio Training:
 - Tabata: Group calories are now counted.
 - The check-box EnableScoreOnSession was inverted – now correct.
 - Fixed that sometimes the Podium did not disappear when counting score.

Tabata feature (BiQing January 15, 2017

(v.2.4.0 – All applications)

- Tabata feature (BiQing module is required). The Tabata profile is selected in DesiQner and is used to let Cardio Training show the Tabata view on the Group Screen.
- DesiQner has added Tabata-session selection and a few related options.
- DesiQner cloud communication is updated so specific open internet ports are not required.
- Compatibility with more bike brands, Stages, Tomahawk (ANT+ compatible).
- Offline/Pause Screen (when Cardio Training is not running, but started) for showing customizable picture/logo and text.
- Score counting is now started automatically on start session, if Score is enabled.
- Many new configurable options:
 - Exerciser tile flashing when exerciser on HR target.
 - Exerciser tile flashing when exerciser exceeds HRmax.
 - Enable/disable Session Overview in the bottom of Group Screen.
 - Reverse Session Timer in the bottom of Group Screen.
 - Enable/disable Thumbs Up.
 - Enable/disable Podium.
- EquipmentSelector can now run on 800x600 screens.

November 17, 2016

(v.2.3.0 - Cardio Training and Equipment Selector **new**)

- Added new application EEquipmentSelector enabling exercisers to select the specific equipment (currently bikes) being used in a session (bike pairing). Same functionality available from Cardio Training Instructor Panel.
- Fixed bugs including
 - Exerciser data was not shown on the Group Screen after playing video on session start.

- Update of Team Receiver firmware did sometimes 'hang'.


September 07, 2016 (v.2.2.0 - Cardio Training)

- Exerciser tile color at end of session corrected
- Update of Team Receiver firmware fixing that Cardio Training in some cases crashed during start up.
- Added total score to individual training report counting from September 9, 2016. Total score will be reset on October 1, 2016 and count from there.

June 03, 2016 (v.2.1.1 - AdmiQ and Cardio Training)

- Rental Belt Calories count error fixed
- Exerciser tile color at end of session corrected
- Trailing heart rate graph is now removed at end of session

May 03, 2016 (v.2.1.0 - AdmiQ and Cardio Training)

- Integration with bikes and support for reading Watts and RPM.
(Requires iQniter Team Receiver and iQniter Smart Sensor / Dual Belt).
The following bikes are:
 - Keiser® m3i indoor cycle (also supported by Keiser® m3i Multi-Bike Receiver box)
 -  ANT+ compatible indoor cycles. The following have been verified:
 - BODY BIKE Connect
 - (More to follow when verified by iQniter)
- Cardio Training Leaderboard.
- New measures: Watts, RPM, %FTP, Power/FTP, Power/Weight, PTE, Recovery Time.
- Added Watts graph and above measures to Individual Training report.
- Upload of Watts and RPM to Movescount
- Option for Score counting over the full Session or for each Stage.
- Team Receiver firmware update feature.

February 14, 2016 (v.2.0.8 - AdmiQ, Cardio Training and DesiQner)

- Added resend training reports to specific email
- Various improvements
- Various bugs fixed, including:
 - In some cases average heartrate for Smart Sensors was too low.
 - Editing belts created in another club of a chain.
 - Vertical Scrollbar in DesiQner Session Sharing view
 - Tooltips in DesiQner Session Design Control panel

December 30, 2015 (v.2.0.7 - CT only)

- Fixed that Recovery Time was not always shown on reports.
- Date and Time is now printed in local format on reports.
- Fixed that in some cases data was not uploaded resulting in wrong error message “Insufficient Disk Space”.

December 21, 2015 (v.2.0.5 - CT only)

- Fixed that a Cardio Training session could not finish if a belt had not signed in.

December 20, 2015 (v.2.0.4)

- Improved performance when viewing training Data in AdmiQ.
- Added feature: Send report to specified email.
- Improved performance when downloading session list to Cardio Training and improved information to instructor when cloud connection fails.
- Added vertical scrollbar in Team Receiver Configuration panel for access to configuration of more than 5 receivers.
- Participants now get report if they check out before end of session (BasiQ and BiQing mode).
- When heart rate max is changed during session then it is now added to the training report.
- Initials are now shown on Training Effect graph on Summary Report.
- Various other improvements.

November 20, 2015 (v.2.0.3)

- Fixed that participant data was not synchronized from cloud in some cases. Furthermore, synchronization is initiated when ‘Start Session’ is pressed.
- Added ‘Refresh Participants’ button in Cardio Training for manual refresh of all participants.
- Added missing translated texts N, DK, S, PL, DE.
- Fixed mix of language bug in reports.
- Added correct time to reports.
- Improved data upload from clients to cloud.
- Fixed that a participant can get more reports from the same session in Qntinuous mode.
- Better visibility of status in AdmiQ Training Data view.
- Fixed issue when sending Summary Report with no participant marked as instructor

November 05, 2015 (v.2.0.2)

- Detection and indication of Team Pod connection fixed.
- Calories calculation issue fixed.
- Participants did not always check out in Qntinuous mode.
- Issue related to storing participant data on disk solved.

November 01, 2015 (v.2.0.1)


- Shared sessions available again.
- Error when saving data fixed.
- Queued reports and Movescount upload now available.
- Filtering of CT advertisements corrected.
- Added Release Notes link to Application Update dialog.
- Various minor bug-fixes.

October 25, 2015

- DesiQner media folder now available again.
- Cardio Training freeze problem fixed.
- Report emailing and Movescount upload fixed.

October 19, 2015 (v.2.0.0)

General

- New iQniter Smart Sensor belt ,
 - Requires new iQniter Team Receiver.
 - Bluetooth Smart product - for use with iQniter Cardio training, Bluetooth devices and Smartphone cardio App's.
 - Compatible with Suunto connected family (ex. Ambit 3 watches and Movescount App, iPhone, Android).
 - Supports training outside the club
 - Can store your moves and upload later.
 - Can pick up data while in water, ex swimming.
 - **We recommend** Use the smart sensor belt with new club installations. If you want to support iQniter Smart Sensor Belts (BLE) in an installation with Suunto Team Pod, you need to install an extra iQniter Team receiver.
- New iQniter Team Receiver
 - Supports both iQniter/Suunto Dual Belts (ANT) and iQniter Smart Sensor belts (requires BasiQ+ or BiQing license subscription).
 - Removes the present limitation related to maximum number of participants when using more iQniter Team Receivers in the club and having BasiQ+ or BiQing license subscription.
 - Can operate together with the Team Pod
 - **We recommend** Use the iQniter Team Receiver with new club installations or if you want to support iQniter Smart Sensor belts (BLE) in an installation with Suunto Team Pod, install a supplying iQniter Team receiver.
- BasiQ+ license subscription now gives access to:
 - Smart Sensors (Bluetooth).
 - Advertising Video.

- Easier installation and less support requirements.
 - Fewer requirements to open ports in the club's network firewall.
 - Easier installation and recovery. All data in the cloud. No need to install local SQL Express database. AdmiQ requires connection to iQniter cloud and will not operate offline.
- All data including training database is stored in cloud. Upload to Movescount and sending of emails now handled from iQniter cloud.
- Movescount App for iPhone or Android.
- Low battery on belt indication - Heart rate belt/smart sensor low battery level is now shown on the participant's tile on the Group Screen and added to the individual training report.
- The participant's Recovery Time after a training session is added to the Individual Training Report.
- Various improvements and bug-fixes.

Cardio Training

- Prepared for Watts, RPM and %FTP supported for Keiser m3i bikes (Keiser Multi-Bike Receiver and BiQing license required). Final release later in 2015.
- Low battery level of the participant's heart rate belt/smart sensor displayed on the Group Screen.

AdmiQ

- Administrator login on club and chain level (selected tabs in AdmiQ).
- Cardio Training settings can now be individually set on each computer and can be managed from AdmiQ on chain, club, and computer level.
 - Facilitates editing of individual Cardio Training settings from AdmiQ. Setting lock feature is available as an option to prevent unintended change of setting values in Cardio Training.
 - The Local (Customized) Exertion Scale and Texts setup have been moved to the Cardio Training Settings tab.
 - The 'Save All Settings' button in Cardio Training can now be disabled from AdmiQ.
- Training Data (previously named Stored Sessions) is downloads from the cloud to AdmiQ for viewing.
- Added option for resending Session Summary reports to specified emails.
- Added option for adding the participant's FTP (Functional Threshold Power) to their member profile, which is used to display the participant's FTP percentage on the Group Screen. (for use with Watts and RPM training later this year)
- Added option for entering iQniter Smart Sensors.
- Internet connection is **required** for operation.